



Giselle's  
School of Aesthetics

## **COURSE OUTLINE**

### **Aesthetics (Body) Course**

Course Duration: 1340 hours (39 weeks)  
Monday to Friday: 9:00 a.m. – 4:30 p.m.

Program:

- Hair Removal
- Lash and Brow Tinting
- Brow Shaping
- Machine Technology
- Product Knowledge
- Make-up Artistry
- Spa Facials
- Related Theory
- Relaxation Massage
- Swedish Relaxation Massage/Scalp
- Stone Massage
- Introduction to Aromatherapy Oils
- Spa Body Beauty Treatments
- Related Theory
- Spa Vichy Treatments
- Manicure/Pedicure
- Spa Manicure/Pedicure
- Introduction to Nail Art
- Artificial Nail Technology
- Paraffin Wax
- Introduction to Aromatherapy Oils
- Related Theory

### **Nail Technician Course**

Course Duration: 400 hours (12 weeks)  
Monday to Friday: 9:00 a.m. – 4:30 p.m.

Program:

- Manicure/Pedicure
- Artificial Nail Technology
- Paraffin Wax
- Spa Manicure
- Spa Pedicure
- Introduction to Nail Art
- Introduction to Aromatherapy Oils
- Related Theory

### **Skin Care Technician Course**

Course Duration: 1080 hours (31 weeks)  
Monday to Friday: 9:00 a.m. – 4:30 p.m.

Program:

- Hair Removal
- Lash and Brow Tinting
- Brow Shaping
- Machine Technology
- Product Knowledge
- Make-up Artistry
- Spa Facials
- Related Theory
- Relaxation Massage
- Swedish Relaxation Massage/Scalp
- Stone Massage
- Introduction to Aromatherapy Oils
- Spa Body Beauty Treatments
- Related Theory
- Spa Vichy Treatments

### **Electrolysis Course**

Course Duration: 500 hours (14 weeks)  
Monday to Friday: 9:00 a.m. – 4:30 p.m.

Program:

- Electrolysis Theory
- Consultation
- All Related Practical Theory